NEW UU CLASS - AN INTRODUCTION AND ORIENTATION
Tuesday, November 19, 6:30pm, Channing House Library

A two-hour class presented by the Membership Committee with Rev. Zelazny for people who would like to learn more about Unitarian Universalism and Channing Memorial Church. Recommended for individuals considering joining Channing Church. The class will cover UU history and theology, the church organization, governance and financial support. There will also be time for participants to ask questions and get acquainted with each other. To ensure there will be enough materials for participants, please contact the Channing Church Office – office@channingchurch.org --by Monday, Nov. 18 to let the Membership Committee know you will be attending.

BECOME A MEMBER OF CHANNING CHURCH!

Been coming to Channing Church for a while? Like Unitarian Universalism? Why not now become a member of Channing Church? Rev. Bill and the Membership Committee will conduct a ceremony during the service on Sunday, December 15, 2019 for people to sign the membership book. People interested in becoming a member at this time are asked to contact Rev. Bill through the church office (office@channingchurch.org) by Wednesday, December 11. If you are unable to come to the December 15 service another time can be arranged.

Annual Thanksgiving Potluck
Sunday, Nov. 24, 5:00pm, in the Parish Hall

All are invited to our Annual Fellowship Thanksgiving Potluck Dinner. Join us a Channing tradition where everyone brings something to share and we enjoy our time together. There are sign-up sheets in the Parish Hall. Please join us for this family friendly event!

Worship Services
Sunday, November 3:
Rev. Bill Zelazny
To Remember....and Living Forward

Ancient wisdom tells us that at this time of year the veil between realm of the living and “the other side” is thin. Our culture has its playful connection with the dead with Halloween ghosts and skeletons, as well as somber observances with events like All Souls and All Saints Days. Both approaches are useful mental and emotional outlets. This Sunday Bill will talk about remembering well those who have passed from this life. This is not to be a sorrowful service, but one of joyfully remembering our loved ones

Everyone is invited to bring a small picture of a person or two who they would like to remember to be placed on our Table of Remembrances.

Sunday, November 10:
Special Caregiving Service!
Waking the Spirit with Music

Research reveals how music affects our hearts, minds and physical wellbeing. Enjoy learning about and experiencing this truth with Barbara Russell-Willett, Nickie Kates, Linda Beall and the Channing Choir!

We will have two collections of monies this Sunday, one general and another for the work of Caregiving.

Continued on page 2
Sunday, November 17:
Rev. Bill Zelazny
Living on the Side of Love is Hard

Aleksander Solzhenitzyn, the Russian intellectual and writer wrote “The line separating good and evil passes through the human heart.” It is true that every human being has the capacity for good and evil, love and hatred, peace and fear. Which side of that line we decided to be on determines how we respond to the world. We Unitarian Universalists try our best to witness on the Side of Love*, but some people find it very difficult to accept, much less love, people who are different from them with gender identity, race, color, sexual orientation, sex. This Sunday Bill will explore the challenge of fully recognizing the “other”, and the possible social consequences of not being able to accept the worth and dignity of all people.

*Side of Love is a UUA advocacy campaign to promote respect for every person and give witness against injustice and violence.

Special Service!
Transgender Day of Remembrance
Sunday, November 17, 11:30am, in the Sanctuary

Join us for music and reading of names of the 2019 transgender murder victims from around the world. A steeple bell will toll for each name. All are welcome.

FAMILY MINISTRY NEWS
As most of you already know, the classrooms in the back of the Parish Hall are being renovated. The POD between the Channing House and the Church is serving as a temporary housing for all the Family Ministry supplies while the renovations are being done. Once the rooms are finished, both the Child Care and the Chalice Children Classes will move back into the Parish Hall!!!! Thank you to the Property Committee and Pat Padilla for the work they have done!!!

We are still in search of a Family Ministry Committee Chair. Please consider working with Barbara Russell-Willett, Sally Hanchett and JoAnne Ritchie to plan, organize, and carry out our Family Ministry programs. We really cannot do it without you! Contact JoAnne Ritchie if you want to join us or want to know how you can help.

We are also in search of YOUTH! If any of our former (or new?) teens are interested in meeting to plan activities of ANY kind at Channing, PLEASE contact JoAnne Ritchie at FamilyMinistry@channingchurch.org

CHANNING CHALICE CHILDREN

Exciting stuff is happening with our Chalice Children class! After a slow start to the year, we finally got going.
Family Ministry Continued

- We cleaned up the play yard with the help of Katie’s Dad, Jon and Eliza’s and Finn’s Mom, Sara. It is looking awesome.
- Mr. Tom Beall signed on as our second teacher of the Chalice. Tom is a certified teacher and is really looking forward to spending time with the kiddos.
- The last 2 weeks of October, we learned about Diwali, the festival of lights. We even participated in the service with our colorful hand-made lanterns!

**CCC SUNDAYS IN NOVEMBER:**

**November 3: Family Service**
The Chalice Children will stay in sanctuary with their parents. **Children 5 and under ONLY** are welcome to visit Ms Amy and Ms Morgan in Channing House for Child Care.

**November 10: Special Caregiving Service**
The Chalice Children leave with Ms JoAnne and Mr. Tom after the first Hymn.

**November 17: Living on the Side of Love**
The Chalice Children will leave with Ms JoAnne and Mr. Tom after the Message for All Ages.

**November 24: The Power of Gratitude**
The Chalice Children will leave with Ms JoAnne and Mr. Tom and then return for the bread ceremony later in the service

~JoAnne Ritchie, Family Life Coordinator

**CAREGIVING UPDATE**

We wish everyone a safe and happy Thanksgiving! Hard to believe that we’ve reached that time of year already.

Please keep Dave Burnett in your thoughts. He recently suffered a life-threatening illness in Maine, where he now lives with his husband Larry Bacon. However, the latest news I received is that he has entered a rehab facility and is recovering there. If you’d like to be in touch with Dave and Larry, their address is P O Box 364, Mt. Vernon, ME 04352, or you can contact Pam Goff for other contact information.

Jim Egan is the proud “granddaddy-o” (his preferred term!) of a new granddaughter, Landon. She is the daughter of Jim’s son Alex and daughter-in-law Celene, who live in New York City.

Congratulations to Russ and Beth Milham’s son, Russ Jr., who married Volha Isakava on Oct. 19th in Seattle. Russ and Beth enjoyed a trip to Seattle to join them in celebrating the wedding.

Please keep Anna Hendrix-Semenov and her wife, Ashley, in your thoughts as Ashley serves overseas in Qatar for six months, leading the Geospatial Intelligence Agency support at Central Command Headquarters. We will look forward to seeing Ashley back with us in April!

Best wishes for a quick and complete recovery go to Susan Kieronski, who experienced a fall within the last month and dislocated her right shoulder. She was set to undergo physical therapy, and hopefully that will end soon if it hasn’t already.

Thank you to all who joined Nickie Kates, Barbara Russell-Willett, Rev. Zelazny, and me for our Caregiving meeting after church on Oct. 20. We spent some time discussing the future leadership of the Caregiving program, given that Nickie and Barbara will be retiring from their co-leader positions on Dec. 31st, and were thrilled to have Sally Hanchett and JoAnn Rosemont volunteer to take their places starting in the new year! More details to follow later.

Thank you so much to Mary Benson and Beth Milham, who served as Caregiving coordinators during October. The November coordinators are Betsy Leerssen from Nov. 1-15, and Rachel Balaban and John Burnham from Nov. 16-30. Please contact them with any caregiving needs within our congregation.

~Linda Beall, for Channing Caregiving

**COMMUNITY MEAL**

Monday, November 18, 3:30-6:15pm, Parish Hall

The Channing Memorial Church Community Meal is the third Monday of every month in the Parish Hall. To see when volunteers are needed contact meal manager, Joy Benson, at communitymeal@channingchurch.org
POLITICS AND THE ENVIRONMENT:

The Twentieth Century

The last installment ended with the original conservation President, Teddy Roosevelt. The late 19th Century was a time of incredible scientific discovery. But very little involved the environment per se, outside the work of “naturalists”, coming together in the work of Charles Darwin (and Alfred Wallace) in “The Origin of the Species”. He took Louis Agassiz, the famous Swiss and Harvard naturalist and geologist (along with many others), to task because until that time, species were thought to basically generate spontaneously, their formation directed from god. The organized Church held much intellectual sway at the time. This was especially true among scientists.

Darwin’s five-year voyage on the Beagle initiated in him, an understanding of “natural selection”, the precursor to evolution and the critical importance of the environment and how that influences diversity. It really wasn’t until well into the twentieth century actually, thirty years after Darwin’s death, that evolution and natural history and eventually ecology, as a science, came together to presage the fledging environmental movement. The scientists began to put it all together anyway. But it took science writers to educate us, to enrage us, and to eventually, set in motion, a movement that the politicians could not ignore. That leads us to the strange intersection of Rachael Carson, and, Richard Nixon.

Rachael Carson, educated as a marine biologist at Chatham and Johns Hopkins, was a long time US Fish and Wildlife Service employee who came to write a trilogy of popular books about the ocean: “Under the Sea Wind” (1941); “The Sea Around Us” (1951): and, “The Edge of the Sea.” These books, all still in print, helped to give Carson some notoriety as she even won the prestigious National Book Award for “The Sea Around Us.” But these books, bringing together the author’s interest in beauty, the arts and nature writing, could never have predicted the power and controversy that her fourth book, “Silent Spring” would unleash when released in 1962.

While controversial, even to this day, the book undeniably addressed the dangers of pesticide use, not just for species like birds, the central “victim(s)” in the book, but also for humans. Modern agriculture, forestry and even horticulture, up to this point, had justified heavy pesticide and herbicide use as a necessary cost to our society. The manufacturers of these poisons said that these (really) unknown costs were unavoidable. But the poisoning and loss of such majestic predatory birds as the Bald Eagle, our national symbol, and the Peregrine Falcon, caught the attention of the readers of “Silent Spring”, and lead to enough public outcry that critical legislation became necessary. In fact, Nixon’s Environmental Protection Agency and the 1972 Federal Insecticide, Fungicide and Rodenticide Act considered many points made in Silent Spring, including the need to separate oversight and regulatory functions from research at US Department of Agriculture.

From then until now. To be continued…

~Craig Gaspard, (again, solely responsible for the content of this article), for the Green Congregation Committee

TGOR SERVICE

Sunday, November 17, 11:30am, Parish Hall

To mark the Transgender Day of Remembrance (TDOR), a special service will be held on Sunday, November 17th at 11:30am in the Sanctuary. Join us for music and the reading of names of the 2019 transgender murder victims from around the world. A steeple bell will toll for each name. All welcome.

The regular 10am Sunday service prior to this event will also have a small ceremony to honor the U.S. victims. For more information, contact Rex LeBeau at interweave@channingchurch.org

MONTHLY PFLAG MEETINGS

Monday, November 11, 6:45pm, Parish Hall

PFLAG holds monthly support meetings the second Monday of every month from 6:45 - 8pm. For more information contact Doreen LePage at led1pflagnewport@gmail.com
INTERWEAVE MEETING & POTLUCK
Sunday, November 17, 5:30pm, Parish Hall

There’s family and then there’s chosen family. With any family, food brings us together. Come enjoy some delicious food and form new friendships at Interweave's potluck dinner in the Parish Hall. All welcome. Bring a dish to share and see you there. Interweave is Channing’s group for LGBTQ+ people and allies. For more information, contact Rex LeBeau at interweave@channingchurch.org

SOCIAL ACTION UPDATE

Highlighting this month’s Social Action column are the Vegan Potlucks SAC has been sponsoring and some information on the vegan lifestyle from Derri Owen, who takes the lead on the potlucks and has been a vegan since the 1970’s. She raised her three children in the vegan lifestyle.

The Vegan Potlucks are a free and family-friendly event, which not only offer a delicious introduction to anyone interested in learning more about a vegan diet but also insight into the benefits of a vegan lifestyle. Attendees don’t need to be vegans, just bring an open mind and a vegan dish for 4 to share, as well as plates and flatware to eat with. Vegan means no meat, fish, shellfish, milk, cheese, butter, eggs, yogurt or other dairy foods and honey. Bring your family or a date or friend and plan on a delicious educational evening at Channing Parish Hall starting at 6 PM. The schedule for our vegan potlucks is November 16, January 25, March 21 and May 30. We hope to see many friends, old and new!

Here are the benefits of a vegan lifestyle from an animal welfare point of view:
- The first and greatest benefit is to the farm animals saved from suffering and slaughter. Bred for food, most of these animals are subjected to a life of misery. Google “Mercy for Animals” (mercyforanimals.org) and you will find a history and current conditions of animals raised for food.
- The slaughtering of farm animals is not necessary in our culture, not kind and it’s not vegan. If we are all part of the web of life, we must be mindful of the plight of the animals which inhabit the earth with us.
- For more insight into the environmental impact of a vegan lifestyle a good resource is Beth Milham. If you would like to know more about human health benefits, Dick Baker has lots of information to share.

Please consider joining us at the next Vegan Potluck at Channing on November 13 at 6 PM in the Parish Hall. You are sure to enjoy the food and the company!

-Nan Heroux, Chair of Social Action Committee and Derri Owen, Founder of Seaside Rabbits

NOVEMBER
SHARE THE PLATE
The fourth Sunday of the month is Share the Plate!
This month, the Social Action Committee plans to designate our Share the Plate (STP) collection on the fourth Sunday of November to the cause of homelessness. One way to assist people who are living in a Newport County shelter or who have no safe permanent address to call home is to provide transportation for them. One way for us to do that is to dedicate our STP funds to the purchase of bus tickets for folks in need and distribute them to local programs serving the homeless.

Three such programs are the McKinney Shelter on Washington Square in Newport, the Housing Hotline on Marcus Wheatland Blvd in Newport and the Turning Around Ministries (TAM) also on Marcus Wheatland Blvd. For more information on these worthy programs please Google them and check out their websites.

So on November 24, when our collection plate comes your way, please be as generous as you can, as this is the only Sunday which will be collected for Share the Plate.

~Nan Heroux, Chair Social Action Committee
ANNOUNCEMENTS

BRUNCH FOR THE BUS!
Sunday, November 3, 11:15am, Parish Hall
The Social Action Committee, with help from Fellowship, will host a “Brunch for the Bus” to raise money to buy bus tickets for our local homeless community. Anyone who is able and willing is encouraged to bring a brunch dish to share with the congregation! The suggested donation for the brunch is $10, but any amount you can give will help us help others.

SENIOR BROWN BAG LUNCH
Tuesdays, Nov. 12 & Dec. 10, noon, Parish Hall
Life Issues Seminar to be incorporated into Senior Ministry
Brown Bag Lunch
The Channing Senior Adult Brown Bag Lunch holds its monthly gathering on the second Tuesday of the month at noon in the Parish Hall. Bring your own lunch, coffee is provided. The Lunch group is open to the community so CMC members are welcome to invite friends to join us.
Starting in January, the lunch group will be expanded to include a monthly non-sectarian spirituality and life issues seminar open to senior adults in the greater Newport community. Modeled on the Building Your Own Theology format the monthly one and half hour seminar lead by Rev. Bill Zelazny will include readings, exercises and discussions. Watch for the seminar topic schedule in the January Catalyst.

GREAT GUYS GROUP (GGG)
Saturday, November 16, 8:30-10am, Parish Hall
The Channing GGG holds its monthly breakfast gathering the third Saturday of the month in the Parish Hall. GGG is an informal church association for men. It is open to men of all ages, both Channing members/friends as well as men from the larger community. Its purpose is to provide camaraderie, conversation, learning, spiritual exploration. Group participant take turns making or bringing breakfast. Coffee/tea is provided.

WAKE NOW OUR VISION LEGACY CHALLENGE
Remember the $4.5 Million UUA WAKE NOW OUR VISION Legacy Challenge? This legacy gift program provided a cash match (up to $10,000 per donor) from the Shelter Rock congregation for new legacy gift intentions to UUA partners and congregations.
Channing will receive $15,099.86 thanks to those who responded to the challenge. The first of four installments was just received.
What is a legacy gift? It’s a gift you plan now through a bequest, trust, or retirement plan that will be received in the future. It’s as easy as adding a codicil to your will or adding Channing as a beneficiary to your IRA or life insurance policy.
The Wake Now Our Vision Campaign was a joint effort of six UU partner institutions to encourage members, friends and supporters to support one another through legacy giving, so that we might become better, stronger, more effective institutions and congregations.
The match is unrestricted. Channing and other recipients can decide how the funds will be used. Our Finance and Endowment Committees proposes to add these funds to a newly created Facility Capital Fund, where we can accumulate the monies we need for major capital improvements, such as replacing the Sanctuary roof.
For more information about legacy giving, you can contact our Endowment Committee Chair, Mary Alice Smith at endowment@channingchurch.org or chat with Rev. Bill.

SO, WHAT’S THE HERITAGE SOCIETY?
A legacy society is a way to recognize and thank Channing members and friends who have made provisions for Channing in their wills and estate plans. We named ours The Heritage Society, because of our long and proud history in Newport.

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Heritage Society Continued

Legacy gifts allow us to demonstrate the great value and meaning Channing has had in our lives. Through such gifts, we can have a significant impact on the future of Channing, while ensuring that our values and beliefs as Unitarian Universalists endure long past our lifetimes.

Below is a listing of those who have informed Channing of their intentions to make a legacy gift. We also recognize Emeritus Members who remembered Channing in their wills or estates.

Anonymous
Arthur M. Barrows*
Robert Barry*
Jean I. Braman*
Richard H. Donnell
Maryellen Doherty
Julia R. Herrick
William Hawkins
Robert Janiesch
Lois Kennedy Kessler*
Jacqueline McCue*
Barbara Nowicki
Annette S. Peterson*
Mary Alice Smith
Susan Lee VanDerhoof
Christopher P. & Laura Yalanis Family
Rev. William P. Zelazny
*Emeritus Members

For more information about legacy giving or to inform us of your gift, please contact our Endowment Committee Chair, Mary Alice Smith at endowment@channingchurch.org or chat with Rev. Bill.

~Submitted by Mary Alice Smith, Endowment Committee

FROM THE LEARNING CENTER AT CHANNING CHURCH

Sick Souls, Healthy Minds:
Can Philosophy Save Your Life?
with John Kaag, Ph.D.
Saturday, November 9, at 4:00 PM,
in the Sanctuary
Cider, wine and cheese reception to follow
$10.00 donation requested (student rates available)

John Kaag will present a compelling introduction to the life and thought of William James, father of American philosophy. This founder of pragmatism and empirical psychology can still speak so directly and profoundly to anyone struggling to make a life worth living today. Along the way, Kaag will describe how his own life has been endlessly enriched by James. Audience participation and discussion will be encouraged. John Kaag is an award-winning author, and Chair of the Philosophy Department at UMASS Lowell.

Cooking for One
with Betsy Leerssen
Wed. Nov. 13, 6:00 PM, at Betsy's Home
Limited to 10 participants – pre-register with Host, Betsy Leerssen
$10 fee per person; will include samples of all of the recipes (your dinner!)

Join Betsy Leerssen, renowned for many Channing auction dinners, in her kitchen - and learn to create easy, nutritious dinners for yourself! Cooking for one can be challenging - Betsy will give you tips for easy preparation and varied recipes to make cooking for yourself a pleasure.

TLC Tech Update
The Learning Center Committee, under the leadership of Bob Kieronski, has installed a new ceiling-mounted Epson projector and pull-down screen in the Parish Hall. We will be developing simple instructions soon, so that other committees will be able to use the projector, as well. Your registration donations for programs have helped to make this possible! Watch for updates!